

**BATHING BEAUTY**  
**DESIGNED BY KATE SCHOFIELD**

Finished model stitched by Kate Schofield.

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**Additional materials needed:** stretcher bars, #22-24 tapestry needles, #16 Kreinik braid in metallic black, metallic silver, metallic silver blue, rose red metallic

River Silks 100% Silk Ribbon as listed below.

Information toll free (877) 944-7444    [www.riversilks.com](http://www.riversilks.com)

<b>7mm</b>	<b>Color</b>	<b>Spools</b>	<b>7mm</b>	<b>Color</b>	<b>Spools</b>
188	Star White	3	206	Cordovan	1
180	Gray morn	1	36	Dresden blue	1
155	Autumn orange	1	280	Odyed lemon/macaroon	1
161	Persian red	1	245	Blazing Yellow	1
241	Island green	2	204	Prism Violet	1
171	Smoke pine	1	111	Over dyed Norse blue	1
101	Over dyed blazing orange	1	202	White White	3

**DUCK BODY:** Colors – 188 and 180

**EYE:** Color – Black metallic braid

**BILL:** Color - 155

**LEGS and FEET:** Colors - 101 and 161

**BATHING CAP:** Colors - 241, 171, 161 and Rose red metallic braid

**BATHING SUIT:** Colors – 241 and 171

**INNER TUBE:** Colors – 161, 204, 245 206 and 36

**SKY:** Color - 202

**SEA:** Colors – 111 and metallic silver blue braid

**SAND:** Color - 280

**BORDER:** Colors – 161, 204, 245 , 206, 36, 241, 171 and metallic silver braid

## GENERAL PLANNING

Attach the canvas to the stretcher bars preferably using tacks.

There is no need to ply the silk ribbon. You will want to work with 2 to 3 foot lengths of ribbon. The ribbon won't show wear so don't worry.

The fact that River Silks silk ribbon does not run permits us to develop techniques not possible with other silk ribbon, ribbon like materials or threads.

This starts with threading the needle. You can dispense with your needle-threader! Also you will not need to fold the ribbon to try to wedge it through the eye. **There is an easier way.**

**THREADING THE NEEDLE:** Cut the ribbon on the diagonal. Insert point of the ribbon through the eye of the needle. Then insert the point of the needle through the ribbon cut end about 1/2" from the cut. Pull the long tail to secure the ribbon to the needle.

**SECURING THE RIBBON TO THE CANVAS:** We have chosen not to use an "away knot" as it is unnecessary with River Silks ribbon. **There is an easier way.** Bring the needle up through an empty hole where you want to begin. Pull the needle and ribbon through the canvas leaving about a one-inch tail of ribbon on the back of the canvas. With a finger press that tail flat against the canvas. Go back down through an adjacent hole passing through both the canvas and the ribbon tail. Try not to stitch through your finger! With your finger still pressing on the tail pull the needle and ribbon through the canvas and keep pulling until the ribbon is secure on the canvas. Check the back of the canvas to see that there are no loose ends. This is called the "Canvas Lock Stitch".

**HELPFUL HINTS:** The ribbon does not need to be pulled tightly. Untwist the ribbon as you stitch and lay the ribbon with a laying tool to show the surface. Stitching style will affect the number of spools required. The "economy stitch" is quite acceptable if you are pleased with the look. With shorter stitches this is not always the best.

**I RAN OUT OF RIBBON. NOW WHAT?** When you need to add more ribbon to continue stitching or to change color or width of ribbon use this easy technique. Select your new piece of ribbon and secure it to a new needle using the "Needle Lock Stitch" described previously. On the wrong side of the canvas cut the ribbon you had been using (removing the old needle) leaving about a 1 1/2 inch tail. Hold that tail and pierce it with your new needle and ribbon very close to the surface of the canvas, keep pulling the new ribbon leaving another 1 1/2 inch tail. Put that tail over the next hole that you want to stitch and put the needle through that new tail and the canvas. Keep on pulling until secure. Turn the canvas to the right side and continue stitching. You may trim those tails to a half-inch as desired.

## CANVAS MANAGEMENT

This canvas is best worked by completing the duck before moving on to the bathing suit and inner tube. The various backgrounds are finished last.

**BODY:** Basketweave works well here.

**EYE:** Smyrna Cross

**BILL:** Start at the outer tip of the bill and use Satin Stitches done on a slant.

**LEGS:** Either use a padded Satin Stitch or just do Satin Stitches and go over them several times with more Satin Stitches to give the desired fullness. The accents can be done with Tent Stitches in Persian red.

**FEET:** Use long Satin Stitches changing the direction of the stitches with each division of the “webbing”.

**BATHING CAP:** Brick Stitch for the green areas changing to a Chain Stitch for the ties. Create several “flowers” on the dark red band by using tiny Buttonhole Stitches done in a small circle for the flower. Finish the flower with a central French Knot. Practice this flower effect on a separate piece of blank canvas until it is satisfactory. Place the metallic braid in any corners where there wasn’t enough room for a full flower.

**BATHING SUIT:** Use a Mosaic Stitch for the suit and Tent Stitch in Dark Green as an accent.

**INNER TUBE:** Use Satin Stitches filling each colored section and reversing the direction of the stitches as needed to follow the curve of the inner tube. This is very important to give a sense of perspective and shape to the inner tube. Without this the tube becomes flat and the natural shape is lost. See photo for detail.

**SKY:** For fun do a Railroad Darning Stitch leaving most of the sky open.

**SEA:** A varying Bargello Stitch does wonders for water. Do the accent lines with the metallic silver blue #16 braid.

**SAND:** use a Woven Stitch.

**BORDER:** Choose a Slanted Gobelin Stitch or an elongated Cashmere Stitch for the rectangular boxes. The four square corners are worked in Scotch Stitch (reversed). The lines show well with the metallic silver #16 braid.

Have Fun!

